



# Emergency-Kits Checklist



## HOME

[Ready.gov](#) recommends that every emergency kit include the following basics. Ideally, these supplies should be packed in sealed, waterproof bins that are stored somewhere cool, dry, rodent free, and easy to access. Make sure everyone knows where the kit is and check it twice a year to replace out-of-date items.

- Water (one gallon per person for three days).
- Food (nonperishable, enough for three days).
- Can opener (if the above includes canned food).
- Radio (battery powered or hand cranked).
- Headlamp or flashlight.
- Batteries for all electronic items in your kit.
- First aid kit.
- Whistle.
- N95 respirator masks.
- Moist towelettes, garbage bags, and plastic ties (for personal sanitation).
- Wrench or pliers to turn off utilities.
- Local maps.

### **Depending on your circumstances, you may also want to pack:**

- Medically necessary prescriptions (three days' worth).
- Copies of vital personal documents, including ID cards that verify your address.
- Cash.

- Sleeping bag or blanket for each family member.
- Waterproof tarp.
- Clothes (one change per person, appropriate for wherever you live).
- Sturdy shoes such as retired sneakers.
- Water-purifying tablets or chlorine bleach with a medicine dropper, to disinfect water.
- Waterproof matches in a waterproof container.
- Fire extinguisher.
- Personal hygiene items (including soap, hand sanitizer, and feminine supplies).
- Other medications (aspirin, anti-diarrheal drugs, etc.)
- Spare eyeglasses or contact lenses and solution.
- If you have a baby: Formula, bottles, diapers, and wipes.
- If you have older kids: Books, puzzles, games, and snacks.

### **If you have a pet:**

- Food (three days' worth), water, food bowl.
- Medicine.
- Blanket.
- Copies of important paperwork (pet adoption contract, microchip number, and vaccination and medical records).
- Recent photo of you and Fluffy, should you need to prove ownership.

## CAR

The emergency kit you keep in your car should include the following. If you *really* want to be prepared, you'll find a more comprehensive list at [mwg.aaa.com/via/car/car-emergency-kit-essentials](http://mwg.aaa.com/via/car/car-emergency-kit-essentials).

- Jumper cables.
- Tire-pressure gauge.
- Portable tire inflator or patch kit.
- Jack.
- Road flares.

## WORK

You can buy a basic pre-assembled go bag (AAA Members save up to 30 percent on select Ready America kits purchased online at [aaa.readyamerica.com](http://aaa.readyamerica.com)), or you can put together your own. Store it in a brightly colored, waterproof duffel or backpack. It should include:

- Enough food, water, and necessary medicines to last 24 hours.
- Pair of shoes that are comfortable to walk in if your work shoes aren't.